

Circumcision

This information explains how to care for yourself after your circumcision.

What to Expect After Discharge From Hospital

- you will have a dressing on the penis when you are discharged from hospital. This can be removed 24 hours after discharge.
- You may shower 24 hours after surgery, apply warm water to the wound. Please do not scrub the wound.
- After the bandage is off, leave your penis open to air and apply Vaseline or Chlosig ointment around the sutures, several times each day. This will prevent the dry edges of the incision from sticking to your clothes.
- Wear underpants that will hold the penis upright to reduce swelling
- It is possible you may have some bleeding from the foreskin, although this is unusual. If bleeding does occur, use a clean cloth and press firmly on the area that is bleeding for 15 minutes. If the bleeding does not stop after 15 minutes you will need to go straight to the closest emergency department
- Please do not have sexual activity until advised by your doctor, it normally takes about 8 weeks for the wound to be strong enough to allow sexual activity
- The sutures are dissolvable and will fall out after 2-3 weeks
- Please take painkillers as prescribed by your doctor

Call Your Doctor or Nurse if You Have:

- Signs of infection such as pain, swelling or redness
- Bright red blood that is not stopped with compression
- If the incision comes open
- A temperature of 38.0° C or higher
- An inability to urinate
- Any other problems or concerns