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Cystoscopy

This information explains how to care for yourself after your cystoscopy.

What to Expect After Your Procedure

- You may have numbness in the urethra (water pipe) from the local anesthesia (medication that keeps you from feeling pain) that was used during your procedure. This should go away within 1 to 3 hours.
- You may feel burning when you urinate for the next 2 to 3 days.
- You may see a small amount of blood in your urine for the next 2 to 3 days. This will make your urine look pink.
- When there is no blood in your urine, you can resume sexual activity.

Drink at least 8 glasses of water every day for the next few days. The liquids will help flush your bladder. This is important to help reduce the amount of bleeding you may have and to help prevent infection. You can limit how much you drink after 8:00 pm to avoid trips to the bathroom during the night.

Call Your Doctor or Nurse if You Have:

- Bright red blood or blood clots in your urine
- Pink urine that lasts for more than 5 days
- Burning when urinating, lasting more than 5 days
- A temperature of 38.0° C or higher
- An inability to urinate
- Any other problems or concerns