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Laser prostate surgery

This information explains how to care for yourself after your prostate surgery.

What to Expect After Discharge From Hospital

- You may feel burning when you urinate for the next 2 to 3 days. Taking ural will help with this discomfort.
- It is normal to see a small amount of blood in your urine (usually intermittently) for the next 6 weeks. This will make your urine look pink.
- Most patients will feel back to normal after one week
- You should avoid heavy lifting for 4 weeks
- Avoid sexual activity until advised by your doctor, usually 4 weeks after surgery
- The flow will be improved straight away, but it is common for urinary frequency and urgency to persist for 3-6 months after surgery

Call Your Doctor or Nurse if You Have:

- Blood clots in your urine
- A temperature of 38.0° C or higher
- An inability to urinate

Any other problems or concerns