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Transperineal prostate biopsy

This information explains how to care for yourself after your prostate biopsy.

What to Expect After Your Procedure

- You may feel burning when you urinate for the next 2 to 3 days.
- You may see a small amount of blood in your urine for the next 7 days. This will make your urine look pink.
- You may see blood in the semen for the next 6 weeks, this is nothing to worry about.
- There will be bruising around the perineum region from the biopsy (skin between the anus and scrotum), please sit on a soft cushion until the bruising goes away. This will usually take 1-2 weeks.
- When there is no blood in your urine, you can resume sexual activity.

Drink at least 8 glasses of water every day for the next few days. The liquids will help flush your bladder. This is important to help reduce the amount of bleeding you may have and to help prevent infection. You can limit how much you drink after 8:00 pm to avoid trips to the bathroom during the night.

Call Your Doctor if You Have:

- Bright red blood or blood clots in your urine
- Pink urine that lasts for more than 7 days
- Burning when urinating, lasting more than 7 days
- A temperature of 38.0° C or higher
- An inability to urinate
- Any other problems or concerns

Your doctor will contact you about the biopsy results when they are back, usually 2 working days after the biopsy.